

300 Hour
Mat & Reformer
Certification



Payment Plans
Available

**Turn your passion into your purpose.
Your dream career begins here.**

Term 2 begins September 2026



History of Pilates &
Movement Foundations
Sept 5-6



Classical Mat Pilates Repertoire
Sept 12-13, Sept 19-20



Mat Teaching Lab
Sept 26-27, Oct 3-4



Mat Pilates Sculpt
Oct 10-11

Reformer Foundations
Nov 7-8



Classical Reformer Pilates Repertoire
Nov 14-15, Nov 21-22



Reformer Teaching Lab
Nov 28-29, Dec 5-6



Reformer Pilates Sculpt
Dec 12-13

